

# HEALTH SCIENCES

## THERAPEUTIC MASSAGE

The Therapeutic Massage curriculum prepares graduates to work in direct client care settings to provide manipulation, methodical pressure, friction and kneading of the body for maintaining wellness or treating alterations in wellness throughout the lifespan.

Courses will include content in normal human anatomy and physiology, therapeutic massage, ethical/legal issues, business practices, nutrition and psychology.

Employment opportunities in North Carolina may be found in hospitals, rehabilitation centers, health departments, home health, medical offices, nursing homes, spas, health and sports clubs, and private practice. Graduates may be eligible to take the Massage and Bodywork Licensing Exam, and apply for Licensure in North Carolina.

### Therapeutic Massage Diploma - D45750

-Day

#### First Semester

MTH	110	Fundamentals of Massage .....	10
ACA	111	College Student Success .....	1
*BIO	163	Basic Anatomy and Physiology .....	5

#### Second Semester

*BIO	155	Nutrition .....	3
MTH	120	Therapeutic Massage Applications.....	10
MTH	121	Clinical Supplement I .....	1
MTH	130	Therapeutic Massage Management .....	2

#### Summer Term

MTH	125	Ethics of Massage.....	2
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#### General Education Required

##### (Transfer Credit May Apply)

*ENG	111	Writing and Inquiry .....	3
*PSY	118	Interpersonal Psychology .....	3
Or			
*PSY	150	General Psychology .....	3

#### Graduation Requirements ..... 40 Credit Hours

- ❖ ACA 111 is a co-requisite to MTH 110; students must register for ACA 111 section restricted to MTH [D45750]
- ❖ BIO 163 must be completed either before or concurrently with MTH 110. Students may not progress to MTH 120 without successful completion of BIO 163.
- ❖ A grade of "C" or better is required for all curriculum courses in the Therapeutic Massage Diploma.
- ❖ Transfer credit may be awarded by review of transcripts.
- ❖ Transfer credit for BIO 271 Pathophysiology may be substituted for BIO 155.

\* Coursework other than MTH may be completed prior to entry into the program.