



**HUMAN SERVICES TECHNOLOGY/
ADDICTION & RECOVERY STUDIES A.A.S. DEGREE
PROGRAM PLANNING GUIDE**

CURRICULUM BY SEMESTER

Course Number and Title			Class	HOURS PER WEEK		
				Lab	Clinical	Credit
First Fall Semester						
HSE	135	Orientation Lab I	0	2	0	1
PSY	150	General Psychology	3	0	0	3
ENG	111	Writing and Inquiry	3	0	0	3
HSE	110	Intro to Human Services	2	2	0	3
SAB	110	Substance Abuse Overview	3	0	0	3
HSE	112	Group Process I	1	2	0	2
			12	6	0	15
First Spring Semester						
ENG	114	Prof Research & Reporting	3	0	0	3
HSE	125	Counseling	2	2	0	3
HSE	123	Interviewing Techniques	2	2	0	3
PSY	241	Developmental Psychology	3	0	0	3
SAB	210	Addiction and Recovery Counsel	2	2	0	3
			12	6	0	15
First Summer Term						
PHI	240	Introduction to Ethics	3	0	0	3
	OR	HUM 115 Critical Thinking				
CIS	110	Introduction to Computers	2	2	0	3
SOC	213	Sociology of Family	3	0	0	3
	OR	SOC 210 Introduction to Sociology				
			8	2	0	9
Second Fall Semester						
MAT	110	Math Measurement & Literacy	2	2	0	3
SAB	135	Addictive Process	3	0	0	3
SAB	120	Intake and Assessment	3	0	0	3
HSE	225	Crisis Intervention	3	0	0	3
SAB	240	SAB Issues in Client Serv	3	0	0	3
			14	2	0	15
Second Spring Semester						
SWK	113	Working with Diversity	3	0	0	3
WBL	111RD	Work-Based Learning I: SAB*	0	0	10	1
WBL	115	Work-Based Learning Seminar I: SAB*	1	0	0	1
SAB	125	SA Case Management	2	2	0	3
SAB	220	Group Techniques/Therapy	2	2	0	3
HSE	210	Human Services Issues	2	0	0	2
PSY	281	Abnormal Psychology	3	0	0	3
			13	4	10	16
TOTAL GRADUATION REQUIREMENT: 70 SEMESTER CREDIT HOURS						

Notes:

***WBL 111RD & WBL 115: The semester prior to work-based learning consideration, students must meet with their faculty program advisor to obtain approval before registering for classes.**

This program planning guide is for advising purposes and is subject to change. Only the Registrar can clear students for graduation.

Date Revised: October 2020, January 2021, April 2022, March 2023

Program of Study Approval Date: 04/07/2015, 12/18/2015, 2/23/2017