

Social and Human Services (A45380)
A.A.S. Degree
PART-TIME PROGRAM PLANNING GUIDE (Fall Start)



Revised: Fall 2025

Students are strongly encouraged to meet with their faculty advisor prior to course registration each semester.

| | | | Hours Per Week | | Credits |
|----------------------------|--------------------------------|-------------------------------------|----------------|-----|---------|
| | | | Class | Lab | |
| FIRST FALL SEMESTER | | | | | |
| | | Prerequisites | | | |
| HSE 135 | Orientation Lab I | None | 0 | 2 | 1 |
| ENG 111 | Writing and Inquiry | ENG 025 pre-req. or ENG 045 co-req. | 3 | 0 | 3 |
| HSE 110 | Introduction to Human Services | None | 2 | 2 | 3 |
| | Subject Area Course* | Varies by course. | 3 | 0 | 3 |

| | | | | | |
|------------------------------|---|------------------|---|---|---|
| FIRST SPRING SEMESTER | | | | | |
| COM 120 | Introduction to Interpersonal Communication | ENG 025 pre-req. | 3 | 0 | 3 |
| HSE 127 | Conflict Resolution | ENG 025 pre-req. | 3 | 0 | 3 |
| PSY 150 | General Psychology | ENG 025 pre-req. | 3 | 0 | 3 |

| | | | | | |
|------------------------------|--------------------------------------|------------------|---|---|---|
| FIRST SUMMER SEMESTER | | | | | |
| HSE 212 | Group Dynamics | ENG 025 pre-req. | 3 | 0 | 3 |
| HUM 115 OR REL 110 | Critical Thinking World Religions | ENG 025 pre-req. | 3 | 0 | 3 |

| | | | | | |
|-----------------------------|--|-------------------|---|---|---|
| SECOND FALL SEMESTER | | | | | |
| HSE 123 | Interviewing Techniques for Human Services | ENG 025 pre-req. | 2 | 2 | 3 |
| PSY 241 | Developmental Psychology | PSY 150 | 3 | 0 | 3 |
| | Subject Area Course* | Varies by course. | 3 | 0 | 3 |

| SECOND SPRING SEMESTER | | | | | |
|-------------------------------|---|--|--------|--------|--------|
| MAT 143 OR MAT 152 | Quantitative Reasoning Statistical Methods I | MAT 025 pre-req. or MAT 045Q co-req. MAT 025 pre-req. or MAT 045S co-req. | 3 3 | 0 1 | 3 4 |
| | Subject Area Course* | Varies by course. | 3 | 0 | 3 |
| | Subject Area Course* | Varies by course. | 3 | 0 | 3 |

| SECOND SUMMER SEMESTER | | | | | |
|-------------------------------|---------------------------|------------------|---|---|---|
| SOC 210 | Introduction to Sociology | ENG 025 pre-req. | 3 | 0 | 3 |
| POL 120 | American Government | ENG 025 pre-req. | 3 | 0 | 3 |

| THIRD FALL SEMESTER | | | | | |
|----------------------------|--------------------------------|-------------------|---|---|---|
| HSE 223 | Counseling Theories and Skills | ENG 025 pre-req. | 3 | 0 | 3 |
| HSE 220 | Case Management | ENG 025 pre-req. | 3 | 0 | 3 |
| | Subject Area Course* | Varies by course. | 3 | 0 | 3 |

| THIRD SPRING SEMESTER | | | | | |
|------------------------------|---|----------------------------------|---|---|---|
| HSE 210 | Diversity Ethics and Trends | ENG 025 pre-req. | 3 | 0 | 3 |
| HSE 225 | Crisis and Intervention Principles | ENG 025 pre-req. | 3 | 0 | 3 |
| WBL 112 OR HSE 162 | Work-Based Learning I** HSE Clinical Experience I** | With instructor permission only. | | | 2 |
| WBL 115 OR HSE 160 | Work-Based Learning Seminar I** HSE Clinical Supervision** | With instructor permission only. | | | 1 |

GRADUATION REQUIREMENT

Credit Hours 67-68

| Subject Area Courses* | | | | | |
|---|--|---------|----|---|----|
| General Human Services (15 Credit Hours) | | | | | |
| | Take 12 hours from DDT, GRO, HSE, MHA, SAB, or SWK | Varies. | 12 | 0 | 12 |
| SAB 110 | Introduction to Addiction & Recovery | None. | 3 | 0 | 3 |

| Addiction and Recovery Studies (15 Credit Hours) | | | | | |
|---|--------------------------------------|------------------|---|---|---|
| SAB 110 | Introduction to Addiction & Recovery | None. | 3 | 0 | 3 |
| SAB 120 | Intake and Assessment | ENG 025 pre-req. | 3 | 0 | 3 |
| SAB 135 | Addictive Process | ENG 025 pre-req. | 3 | 0 | 3 |
| SAB 210 | Addiction and Recovery Counseling | ENG 025 pre-req. | 3 | 0 | 3 |
| SAB 240 | Diversity, Ethics, & Trends | ENG 025 pre-req. | 3 | 0 | 3 |

| Gerontology (15 Credit Hours) | | | | | |
|--------------------------------------|--------------------------------------|------------------|---|---|---|
| GRO 120 | Introduction to Gerontology | None. | 3 | 0 | 3 |
| GRO 220 | Social Aspects of Aging | ENG 025 pre-req. | 3 | 0 | 3 |
| GRO 230 | Aging, Health & Wellness | ENG 025 pre-req. | 3 | 0 | 3 |
| GRO 250 | Aging Policies Programs & Services | ENG 025 pre-req. | 3 | 0 | 3 |
| SAB 110 | Introduction to Addiction & Recovery | None. | 3 | 0 | 3 |

| Mental Health (15 Credit Hours) | | | | | |
|--|--------------------------------------|------------------|---|---|---|
| MHA 140 | Introduction to Mental Health | None. | 3 | 0 | 3 |
| MHA 150 | Mental Health Interventions | ENG 025 pre-req. | 3 | 0 | 3 |
| MHA 238 | Psychopathology | ENG 025 pre-req. | 3 | 0 | 3 |
| MHA 240 | Advocacy | ENG 025 pre-req. | 3 | 0 | 3 |
| SAB 110 | Introduction to Addiction & Recovery | None. | 3 | 0 | 3 |

| Social Services (15 Credit Hours) | | | | | |
|--|---|------------------|---|---|---|
| SWK 110 | Introduction to Social Work | None. | 3 | 0 | 3 |
| SWK 113 | Cultural Competency & Diversity | ENG 025 pre-req. | 3 | 0 | 3 |
| SWK 115 | Community Resources | ENG 025 pre-req. | 3 | 0 | 3 |
| SWK 220 | Ethical Considerations in Social Work | ENG 025 pre-req. | 3 | 0 | 3 |
| SAB 110 OR MHA 140 | Introduction to Addiction & Recovery Introduction to Mental Health | None. | 3 | 0 | 3 |

Students are strongly encouraged to meet with their faculty advisors before registering for classes each semester to receive advice on course options, scheduling, and transfer opportunities. Students seeking to transfer to a four-year program upon graduation should consider taking additional general education courses.

All program courses must be passed with a grade of "C" or higher.

* Students should choose and take courses from one subject area only. Students wishing to study more than one subject area should discuss these options with their faculty advisor.

**Students who have no previous experience or who do not currently work in a human-services position should follow the process for applying to complete WBL 112 and WBL 115. Students who have six months or more of human-services work experience may apply to receive field experience credit for your prior work experience. Students should contact the department clinical coordinator the semester prior to completing the field experience requirement for details.