Sponsor-A-Shelf

Campus departments: Sign up to stock The Nest

Is your department ready to make a difference in food insecurity at Wake Tech? Join our Sponsor-A-Shelf initiative and help stock The Nest Food Pantry with essential items students need to thrive.

Together, we can stock shelves and change lives - one item at a time.

Sign up

Use the online Sponsor-A-Shelf signup form.

Scan the QR code with a phone, or use the direct link.

https://forms.cloud.microsoft/r/UhNNLktguE

Donation details

There is no minimum or maximum donation amount. Every contribution helps.

Please avoid: perishable items, unlabeled or homemade foods, open products, and expired items.

When shopping, consider: whole-grain and multi-grain options; low/no-sugar and low-sodium items; and canned goods with pop tops for easy access.

See page 2 for suggested donation categories and items.

Suggested donation items

For the Sponsor-A-Shelf initiative. Choose items from any category below.

Breakfast

- Complete pancake/waffle mix
- Oatmeal (rolled, steel-cut, etc.)
- 100% juice (apple, orange, mixed)
- Cereal, hot and cold
- Breakfast bars (granola, multi-grain, fruit/nut)
- Pop-Tarts
- Protein bars

Protein

- Canned tuna, salmon, or chicken (in water)
- Beans (canned or bagged, any variety)
- Protein bars
- Peanut butter and jelly
- Nuts (almonds, peanuts, cashews, pistachios, etc.)
- Mixed nuts or trail mix (unsalted)
- Shelf-stable milk

Pasta / Starches

- Ramen noodles
- Dry pasta (including whole grain)
- Rice, lentils, legumes
- Spaghetti, penne, etc.
- Hamburger Helper
- Mac & cheese
- Instant mashed potatoes
- Quinoa
- Crackers (saltines, butter, graham, etc.)

Vegetables

- Canned carrots, corn, tomatoes, sweet potatoes, spinach, mixed veggies
- Sauces (tomato paste/sauce, Alfredo, etc.)

Fruit

- Canned peaches, oranges, pineapples, mixed fruit (no sugar added, 100% juice)
- Dried fruit (raisins, apricots, cranberries, mango, etc.)
- Applesauce

Soups

- Canned ravioli, chili, vegetable soup, chicken soup, beef stew
- Broths (chicken, beef, vegetable, seafood)
- Cream soups (mushroom, chicken, etc.)

Personal care

- Toothbrush, toothpaste, mouthwash, floss
- Shampoo/conditioner
- Body wash or bar soap
- Deodorant
- Lotion
- Hand soap
- Feminine care products (unscented)
- Facial tissue, toilet tissue, paper towels

Cleaning supplies

- Laundry detergent (pre-portioned pods)
- Fabric softener, dryer sheets
- All-purpose cleaners
- Stain removers

Thank you for supporting students at Wake Tech.