



International Exchange and Study Abroad Programs

Medical History Form for International Study

Full Name: _____
Last Name (Print) First Name Middle Name

Birth Date: _____

Instructions: Please complete this health history form to the best of your ability. It is used only to help arrange special accommodations when necessary or to assist you in emergencies. (This information is kept confidential and shared only when necessary as outlined in the release statement at the end of this form.)

My general health is: Excellent Good Fail Poor

Allergies: Penicillin Aspirin Bee stings
 Nuts Eggs
 Environmental (give details) _____

Other (give details) _____

Diet: Regular Vegetarian
 Restricted Diet (give details): _____

Medications (List names of all medications and dosages you are currently taking):

Inhalers: _____
 Birth Control: _____
 Psychological medications: _____
 Insulin injections/pump: _____
 Seizure medications: _____

Other medications prescribed for medical or mental health conditions (give details): _____

Medical History: Hospitalization (give dates and type) _____

Surgery (give dates and type): _____

- Health History:
- | | |
|--|---|
| <input type="checkbox"/> Cancer/tumors | <input type="checkbox"/> Back/joint problem |
| <input type="checkbox"/> Ulcer/stomach problem | <input type="checkbox"/> Anemia/bleeding disorder |
| <input type="checkbox"/> Hepatitis/jaundice | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Heart Problems |
| <input type="checkbox"/> Thyroid problems | <input type="checkbox"/> Eating disorder |
| <input type="checkbox"/> Alcohol | <input type="checkbox"/> Other substance abuse |
- Other: _____

Please check below any medical or psychological conditions that have required psychological care within the past 5 years:

- | | |
|--|---|
| <input type="checkbox"/> Depression | <input type="checkbox"/> Anxiety Disorder |
| <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Bipolar Disorder |
| <input type="checkbox"/> OCD | <input type="checkbox"/> Anger Management |
| <input type="checkbox"/> PTSD | <input type="checkbox"/> Suicide Attempt |
| <input type="checkbox"/> Suicidal Ideation | <input type="checkbox"/> Self Harm |
| <input type="checkbox"/> Panic Disorder | <input type="checkbox"/> Conduct Disorder |
- Other (Please List) _____

Health Insurance Provider: _____

Policy Number: _____

PLEASE ATTACH A COPY OF YOUR PAID INSURANCE TO THIS FORM

Release of Information: I understand that the information included in this health history may be shared with staff from Health and Wellness Centers and/or Counseling Services, host school support services or medical providers for the purpose of protecting my health during the period of my participation in the International Program, or in the case of a medical emergency abroad.

Signature: _____

_____, 20____
Date

Parent/Guardian: _____

Co-signature of parent or guardian if student is under 18 years of age

_____, 20____
Date