

All students wanting to be considered for the Dental Hygiene Program must complete a total of 20 (twenty) unpaid hours of job shadowing with a dental hygienist. Shadowing a dental hygienist will help the applicants make an informed career decision. Job shadowing must be completed within one year of the program application deadline. This job shadowing form must be submitted WITH the dental hygiene program application.

Date	Name of Dental Practice	Start Time of Shadowing	Stop Time of Shadowing	Total Hours	Dental Hygienist's Initials

I certify that all information is correct and that I attended all hours noted.

**Total Hours:**

Applicant, please check off all areas/procedures you were able to observe. Emphasis should be placed on Dental Hygiene procedures.

- |   |   |
|---|---|
| <input type="checkbox"/> Medical history review and vital signs | <input type="checkbox"/> Scaling and root planing                       |
| <input type="checkbox"/> Extra and intra oral examinations      | <input type="checkbox"/> Polishing                                      |
| <input type="checkbox"/> Periodontal exam                       | <input type="checkbox"/> Sealants                                       |
| <input type="checkbox"/> Dental charting                        | <input type="checkbox"/> Administration of anesthesia                   |
| <input type="checkbox"/> Dental Health Education                | <input type="checkbox"/> Fluoride treatment/varnish application         |
| <input type="checkbox"/> Exposure and processing of radiographs | <input type="checkbox"/> Sterilization procedures and infection control |
| <input type="checkbox"/> Restorative procedures                 |   |

Dental Practice where the hours were completed:

\_\_\_\_\_  
 Name of Dental Hygienist Shadowed

\_\_\_\_\_  
 Office Number of Dental Practice

\_\_\_\_\_  
 Signature of Applicant

\_\_\_\_\_  
 Student ID

\_\_\_\_\_  
 Date

Please note the following:

- When contacting a dental practice to request observation/shadowing time, explain to staff that you are interested in pursuing a career in dental hygiene and are fulfilling requirements for admissions. During the introductory phone call, ask the following questions: What is the appropriate attire to wear while shadowing? Will I be able to shadow the hygienist?
- Although, you will learn a great deal by shadowing the dentist, the purpose of this experience is to get a feel for the daily tasks and responsibilities of the hygienist.
- Be polite and aware that some patients may be uncomfortable with a student observing their dental procedure. Maintain confidentiality as this is an important part of being a health professional.