

Community Resource List

The resources provided in this list are for informational purposes only. Inclusion on this list does not constitute an endorsement or recommendation by Disability Support Services.

EVALUATIONS AND THERAPY

Three Oaks Behavioral Health <https://www.threeoaksbehavioralhealth.com/>

Midtown HQ
3749 Benson Drive
Raleigh, NC 27609
919-514-3566

Additional offices located in Apex, Chapel Hill, Downtown Raleigh, East Raleigh, Garner, Midtown, North Durham, North Raleigh, Pittsboro, South Durham, Southern Village, West Raleigh, and Telehealth

Services: Therapy, Psychological Assessments, Groups

Nourish Carolina Counseling <https://www.nourishcarolinacounseling.com/>

North Raleigh Office
203 W. Millbrook Rd., Suite 101
Raleigh, NC 27609
919-751-3666

South Durham Office
6015 Fayetteville Rd., Suite 116
Durham, NC 27713
919-752-3666

Services: Individual and Group Therapy, Mindfulness

Grew, Morter & Hartye, P.A. <https://gmhpsych.com/>

167 E. Chatham Street, Suite 300
Cary, NC 27511
919-990-1727

Services: Assessments, Adult Therapy, Child/Parent Therapy, Eye Movement, Desensitization and Reprocessing (EMDR)

Etheridge Psychology <https://www.etheridgepsychology.com/>

115 Kildaire Park Dr., Suite 313
Cary, NC 27518
919-600-4906

Services: Child and Adolescent Counseling, Adult Counseling, Psychological Testing, Online Therapy, Forensic Psychological Services

NC Neuropsychiatry (<https://www.ncneuropsych.com/>)

13251 Falls of Neuse Rd., Suite 121
Raleigh, NC 27614

Services: Psychological Testing and Neuropsychology

Dr. Meredith Hickory, Psy.D., PLLC (<http://www.drmeredithhickory.com/>)

891 Washington Street, Suite 202
Raleigh, NC 27606
919-971-1495

Services: Neuropsychological Evaluation, therapy

MD Psychiatry & Emotional Health, PLLC (<https://www.mdp-ehd.com/>)

6104 Fayetteville Rd, Suite 101
Durham, NC 27713
919-908-6446

530 New Waverly Place, Suite 314
Cary, NC 27519
919-854-0021

1001 Navaho Drive, Suite 204-A
Raleigh, NC 27609
919-917-7273

Services: Medication Management, ADHD, Anxiety, Depression, Substance Abuse, Anger Management, Bipolar Disorder, Transcranial magnetic stimulation therapy, Cognitive Decline, Spravato, Psychotherapy & Counseling

Wake Psychological Associates (<https://wakepsych.com>)

1121 Situs Ct., Suite 130
Raleigh, NC 27606
919-590-9937

Services: Child & Adolescent Therapy, Adult Therapy, Psychological Testing

Silber Psychological Services (<https://silberpsych.com>)

1004 Dresser Court, Suite 103
Raleigh, NC 27609
919-876-5658

1340 SE Maynard Road, Suite 201
Cary, NC 27511
919-481-9012

5316 Highgate Drive, Suite 222
Durham, NC 27713
919-481-9012

Services: Individual therapy for children, adolescents, and adults; family therapy; group therapy; patient support services; eating disorder treatment; ADHD testing; autism spectrum disorder testing; learning disorder testing; emotional functioning testing; academically/intellectually gifted testing; kindergarten admission and readiness testing; IQ testing

AHB Center for Behavioral Health and Wellness (<http://ahbwellness.com/>)

2634 Durham-Chapel Hill Blvd., Suite 220
Durham, NC 27707
919-401-8090

Services: Therapy & Wellness, Assessment & Evaluations, Psychoeducational Testing

LifeStance Health (<https://lifestance.com>)

2000 Regency Pkway, ste 255
Cary, NC 27518
984-272-4590

2530 Meridian Parkway
Durham, NC 27713
984-316-0306

2300 Rexwoods Drive
Raleigh, NC 27607
984-687-0053

Services: Individual and Group Therapy, Medication Management, Testing and Evaluations

Avance Care (<https://www.avancecare.com>)

100 Ridge View Drive, Suite 105
Cary, NC 27511
919-851-7867
300 Market Street, Suite 112

Chapel Hill, NC 27516
919-969-9611

512 NC-55 (Apex Highway), Suite 106
Durham, NC 27713
984-299-6603

2400 Broad Street, Suite 1
Durham, NC 27704
919-220-9800

1801 Olive Chapel Rd., Suite 107
Apex, NC 27502
919-267-5862

3801 Wake Forest Road, Suite 110
Raleigh, NC 27609
984-263-4110

Additional Locations: Wake Forest, Cary, Morrisville, Chapel Hill, Clayton, Durham, Fuquay Varina, Holly Springs

Services: Child & Adolescent Psychiatry Services, Ketamine Infusion for Treatment Resistant Conditions,
Substance Addiction Treatment, Chronic Pain Treatment, Medication Management, Diagnostic Formulation

EVALUATIONS

Duke ADHD Clinic (<https://www.dukehealth.org/locations/duke-adhd-clinic>)

Exchange on Erwin
2608 Erwin Road
Ste 300
Durham, NC 27705
Phone: 919-681-9185

Counseling Services Inc. (<https://www.csidurham.com/>)

18 W. Colony Place
Durham, NC 27705
Phone: (919) 493-2674

Triangle Psychoeducational Consultants, Laura Wyatt, PhD (<https://www.trilogyschool.com/triangle-psychoeducational-consultants>)

3810 Merton Drive
Raleigh, NC 27609
Phone: (919) 781-7804

NCSU Psychoeducational Clinic (<https://psychology.chass.ncsu.edu/school/psyed/index.php>)

640 Poe Hall
Campus Box 7650
Raleigh, NC, 27695
Phone: 919-515-2251

Triangle ACT (<http://www.triangleact.com/>)

103 A Brady Court
Cary, NC 27511
(919) 465-2550

**Rae Ann Hamilton, MS, LPA Lepage Associates Psychological and Psychiatric
Svs.** (<https://www.lepageassociates.com/>)

5842 Fayetteville Rd. #106
Durham, NC, 27713
Phone: 984-205-6441

AUDIOLOGISTS, SPEECH AND LANGUAGE EVALUATIONS

NC Eye Ear Nose and Throat (<https://www.nceent.com/>)

Multiple locations including:

Durham, Cary, Roxboro and Chapel Hill

919-595-2000 - phone

919-595-2040 fax

Carolina Ear and Hearing Clinic (<https://www.carolinaear.com/>)

5900 Six Forks Rd.

Suite 200

Raleigh, NC 27609

Phone: 919-876-4327

Fax: 919-876-6800

MEDICATION MANAGEMENT

Alpha Psychiatric Associates (<https://alphapsychiatry.com/>)

Phone: 919-439-6120
401 Keisler Dr, Suite 100
Cary, NC 27518 or
6224 Fayetteville Rd, Suite 105
Durham, NC 27713

HRC Behavioral Health & Psychiatry, PA (<https://www.hrc-pa.com/>)

Katherine G. Wu, MD
4201 Lake Boone Trail, Suite 201
Raleigh, NC 27607
(919) 785-0384
Fax: (919) 785-0038 or
100 Europa Drive, Suite 260 Chapel Hill, NC 27517
Phone: (919) 929-1227 Fax: (919) 968-2575

North Raleigh Mental Health and Wellness (nrmhwell.com)

920 D Paverstone Dr
Raleigh, NC 27615
phone/fax 844-345-2256

AGENCY

Division of Services for Deaf/HH (<http://dsdhh.dhhs.state.nc.us>)

2301 Mail Service Center
Raleigh, NC 27699
Voice: 919-527-6930
Video Phone: 919-890-0859
TTY: 919-715-0933

Division of Services for the Blind (<https://www.ncdhhs.gov/divisions/services-blind>)

Raleigh District Office
307 Ashe Ave.
Raleigh, NC 27606
Phone: 919-527-6740

Employment and Independence for People with Disabilities

Raleigh Unit Office
2801 Mail Service Center
Raleigh, NC 27699
(919) 855-3500