WAKE TECH
Health Sciences

Dental Hygiene Job Shadowing Form

All students wanting to be considered for the Dental Hygiene Program must complete a total of 20 (twenty) unpaid hours of job shadowing with a dental hygienist. Shadowing a dental hygienist will help the applicants make an informed career decision. Job shadowing must be completed within one year of the program application deadline. This job shadowing form must be submitted WITH the dental hygiene program application.

Date	Name of Dental Practice	Start Time of Shadowing	Stop Time of Shadowing	Total Hours	Dental Hygienist's Initials

I certify that all information is correct and that I attended all hours noted. **Total Hours:** 0.00

Applicant, please check off all areas/procedures you were able to observe. Emphasis should be placed on Dental Hygiene procedures.

- ☐ Medical history review and vital signs
- ☐ Extra and intra oral examinations
- ☐ Periodontal exam
- ☐ Dental charting
- ☐ Dental Health Education
- ☐ Exposure and processing of radiographs
- ☐ Restorative procedures
- ☐ Scaling and root planing
- ☐ Polishing
- ☐ Sealants
- ☐ Administration of anesthesia
- ☐ Fluoride treatment/varnish application
- ☐ Sterilization procedures and infection control

Dental Practice where the hours were completed:

Name of Dental Hygienist Shadowed

Office Number of Dental Practice

Signature of Applicant

Student ID

Date

Please note the following:

- When contacting a dental practice to request observation/shadowing time, explain to staff that you are interested in pursuing a career in dental hygiene and are fulfilling requirements for admissions. During the introductory phone call, ask the following questions: What is the appropriate attire to wear while shadowing? Will I be able to shadow the hygienist?
- Although, you will learn a great deal by shadowing the dentist, the purpose of this experience is to get a feel for the daily tasks and responsibilities of the hygienist.
- Be polite and aware that some patients may be uncomfortable with a student observing their dental procedure. Maintain confidentiality as this is an important part of being a health professional.