



## TEACCH SCHOOL TRANSITION TO EMPLOYMENT AND POSTSECONDARY EDUCATION



The TEACCH School Transition to Employment and Postsecondary Education Program (T-STEP) is a comprehensive intervention developed to support transition to employment and/or secondary education settings for adolescents and young adults with Autism Spectrum Disorder who will or have received a standard course of study high school diploma.

### THE T-STEP COVERS SEVEN TRANSITION SKILLS MODULES GROUPED INTO FOUR INTERVENTION AREAS

#### GOAL SETTING SKILLS

These modules involve choosing and working toward individual's goals.

#### EXECUTIVE FUNCTION SKILLS

These modules target approaching tasks in an organized manner and time management and flexibility.

#### EMOTION REGULATION SKILLS

These modules target coping with stress and accepting corrective feedback.

#### SOCIAL SKILLS

These modules target getting help when needed and social skills for college and work.

Through funding from the North Carolina Vocational Rehabilitation Services, the T-STEP will be offered free of charge for 16-21 year old students with ASD at Central Piedmont, Pitt, and Wake Tech Community Colleges. Participation includes skill instruction, group practice, video modeling, and role plays. Additionally, students practice these skills on a weekly basis at a volunteer internship site. Students also receive individual career counseling, higher education counseling, and self-advocacy counseling.